

# PUBLIC HEALTH, LIBERAL ARTS, MINOR

## Liberal Arts (Code 488-401)

Public health is an interdisciplinary field that takes a population-based approach to improving the health and well-being of people and communities by preventing disease, disability and death across populations. This field draws on the natural, quantitative, social, and behavioral sciences to study the distribution and determinants of human health and disease, and to develop interventions to preserve and promote health and well-being.

Because public health is such a broad interdisciplinary field it has wide appeal and utility. The public health minor is a natural complement to any of the health profession majors (athletic training, behavior analysis, communication sciences and disorders, environmental public health, health care administration, kinesiology, nursing, and social work). The minor augments the pre-professional curriculum of students preparing for post-baccalaureate health professions programs in chiropractic, dentistry, medicine, occupational therapy, optometry, pharmacy, physical therapy, physician assistant, and veterinary medicine. In addition, the public health minor benefits those wishing to incorporate a better understanding of health in their chosen field, including majors not thought of as traditional health sciences. These majors include, but are not limited to, communication, economics, geography, journalism, management, mathematics (statistics and actuarial sciences), philosophy, political science, psychology, religious studies, and sociology.

The required core courses (12 credits) will expose students to the essential elements of public health. The elective courses (12 credits) will allow students either to align their public health minor to their major or to explore and investigate potential new areas of interest within public health.

Advisors: K. Hansen (Management and Marketing), M. Kantor (Institute for Health Sciences), C. Pierce (Watershed Institute), L. Suppes (Watershed Institute).

### Required core courses (12 credits):

ENPH 115	Global Environmental and Public Health	3
ENPH 150	Disease Detectives: Epidemics and Data or ENPH 450 Epidemiology	3
*ENPH 450 may count in either the core or elective category, but not both.		
ENPH/NRSG 225	Introduction to Public Health	3
IDIS 201	Overview of the U.S. Health Care System: A Policy Perspective	3

### Elective courses (12 credits): 12

No more than six credits from any one domain and no more than six credits from any one prefix. At least nine elective credits must be at the 300-level or above.

#### Administration/Policy

ENPH 480	Environmental Law
ENV 310	Sustainable Cities
ENV 330	Waste & Society: Energy, Food, and Efficiency
ENV/GEOG 377	U.S. Environmental and Sustainability Policy

ENV/GEOG 378	International Environmental Problems and Policy
HCAD 302	Leadership and Management Practices in Health Services
NRSG 212	Navigating Health Care
POLS 301	State and Local Politics
POLS 343	Public Administration
SW 100	Introduction to Social Welfare

#### Aging/Gerontology

HCAD 222	Multidisciplinary Perspectives on Aging
PSYC 333	Psychology of Adulthood and Aging
SOC 364	Social Gerontology
SW 315	Aging and the Aged
SW/NRSG 360	Death and Bereavement

#### Biomedical/Health Sciences

BIOL 250	Microbiology
BIOL 306	Infectious Disease Ecology
BIOL 371	Medical Mycology
CHEM 150	Survey of Biochemistry
IDIS 301	Exploring Mind/Body Connections or NRSG 280 Body, Mind, Spirit Wellness
KINS 335	Introduction to School Health Education and Current Health Issues
KINS 450	Applied Nutrition in Kinesiology
NRSG 205	Integrating Knowledge for Improving Health
NRSG 211	Wellness: Food for Fitness
NRSG 385	Men's Health Issues
SW 424	Alcohol and Other Drug Abuse
SW 489	Social Work in Mental Health Settings

#### Communications

CJ 201	Introduction to Interpersonal Communication
CJ 203	Fundamentals of Human Communication
CJ 390	Communication in Interpersonal and Cultural Contexts
CJ 452	Health Communication
ENGL 312	Topics in Rhetoric and Science
ENGL 314	Topics in Rhetoric and Culture
ENGL 409	Grant Proposal Writing
NRSG 220	The Language of Health Care

#### Environmental/Occupational Health

CHEM 127	Chemistry and Climate
ENPH 110	Introduction to Environmental Health
ENPH 441	Water and Wastewater
ENPH 443	Microbial Safety of Food
ENPH 445	Hazardous and Solid Waste Management
ENPH 464	Occupational Safety Management
ENPH 476	Vector-Borne Disease Control
ENPH 490	Environmental Toxicology and Risk Assessment
ENV 140	Water Problems, Water Solutions

GEOG 178	Conservation of the Environment
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GEOG 361	Environmental Hazards
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SOC 301	Environmental Sociology
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**Quantitative/Research Methods**

BIOL 383	Statistical Analysis of Biological Data
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CHEM 213	Quantitative Analysis
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ECON 316	Econometrics
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GEOG 335	Geographic Information Systems I
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GEOG 337	Geographic Information Systems II
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GEOG 370	Quantitative Methods in Geography
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MATH 246	Elementary Statistics
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MATH 345	Introduction to Probability and Mathematical Statistics
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MATH 346	Introduction to Probability
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MATH 347	Mathematical Statistics
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MATH 445	Survey Sampling
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MATH 447	Nonparametric Statistics
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PSYC 265	Statistical Methods in Psychology I
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PSYC 271	Methods of Research in Psychology
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SOC 328	Sociological Data Analysis
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SW 323	Methods of Social Work Research
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**Social Sciences/Humanities**

ANTH 161	Introduction to Cultural Anthropology
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ECON 268	Environmental Economics
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ECON 280	Health Economics
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ECON 366	Behavioral Economics
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ENPH 450	Epidemiology (if not taken as a core course)
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GEOG 111	Human Geography
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GEOG 369	Geography of Food
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NRSRG 389	Cross Cultural Health
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PHIL 120	Ethical Reasoning
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PHIL 306	Ethics of Health Care
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PHIL 320	Environmental Ethics
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PSYC 353	Health Psychology
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RELS 290	Sacred Earth: Religion and Nature
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SOC 310	Principles of Demography
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In addition, with the advisor's consent, other courses may be allowed to count as an elective when the topic is appropriate.

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Total Credits

24