KINESIOLOGY, HUMAN PERFORMANCE EMPHASIS, HEALTH PROMOTION OPTION, COMPREHENSIVE MAJOR

(Code 991-068)

University Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>GRADUATION REQUIREMENTS FOR BACCALAUREATE DEGREE</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Credit Requirements</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Minimum total for graduation</td>
<td>120</td>
</tr>
<tr>
<td></td>
<td>Upper division credits (courses numbered 300 and higher)</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Liberal Education Core</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td>Academic Concentrations</td>
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</tr>
<tr>
<td></td>
<td>Grade Point Requirements</td>
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</tr>
<tr>
<td></td>
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<tr>
<td></td>
<td>Resident</td>
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<tr>
<td></td>
<td>Major</td>
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</tr>
<tr>
<td></td>
<td>Minor</td>
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</tr>
<tr>
<td></td>
<td>Certificate</td>
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<tr>
<td></td>
<td>University Residency Requirements</td>
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<tr>
<td></td>
<td>Minimum total</td>
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<tr>
<td></td>
<td>Senior year</td>
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</tr>
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<td></td>
<td>Major, Standard, upper division in residence</td>
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</tr>
<tr>
<td></td>
<td>Major, Comprehensive, upper division in residence</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td>Certificate</td>
<td>25 percent of credits</td>
</tr>
</tbody>
</table>

Procedures Required for Graduation

Obtain admission to the degree program and/or the College offering it.

Apply for graduation on CampS.

1. Certain programs exceed this minimum.
2. See special requirements in each College.
3. See special requirements for the College of Education and Human Sciences.

Liberal Education Core

The University of Wisconsin-Eau Claire measures learning outcomes to ensure that its graduates have achieved a liberal education and prepared themselves to contribute to a complex society. Upon graduation, each undergraduate will have met the four learning goals of our liberal education core and the 11 learning outcomes they comprise.

Knowledge Goal

Knowledge Outcome 1 (K1): Natural Sciences
One experience in laboratory science must be selected from either K1 or K2.

Knowledge Outcome 2 (K2): Social Sciences
One experience in laboratory science must be selected from either K1 or K2.

Knowledge Outcome 3 (K3): Humanities

Knowledge Outcome 4 (K4): Fine Arts
One (1) learning experience

Skills Goal

Skills Outcome 1 (S1): Written and Oral Communication
One S1 must meet the University Writing Requirement

Skills Outcome 2 (S2): Mathematics
One S2 to meet the University Mathematics Requirement

Skills Outcome 3 (S3): Creativity
One (1) learning experience

Responsibility Goal

Responsibility Outcome 1 (R1): Equity, Diversity, and Inclusivity
One R1 must satisfy Design for Diversity

Responsibility Outcome 2 (R2): Global Perspectives
One (1) learning experience

Responsibility Outcome 3 (R3): Civic and Environmental Issues
One (1) learning experience

Integration Goal

Integration Outcome 1 (I1): Integration
Two (2) learning experiences

Service-Learning Goal

Service-Learning 30 hours

College Degree Requirements

Human Sciences Departments

Specific Degree Requirements
Specific requirements for some human science degrees are published in conjunction with the Catalog description of the major leading to the degree, with specific courses required in several Liberal Education outcomes.

Bachelor of Science Degree in the College of Education and Human Sciences

Candidates for the degree of Bachelor of Science from a human sciences department must fulfill the requirements for credits, curriculum, GPA, and University residency as specified in the section of this catalog titled University Graduation Requirements.(see University Graduation Requirements (http://catalog.uwec.edu/undergraduate/graduation-requirements))

General Information

Placement Tests. The mathematics/foreign language placement tests are given during the orientation periods for new freshmen and transfers. Further information about the foreign language or the mathematics tests is available from the chair of the appropriate department.
Student admission will be based on the following criteria:

The Human Performance Program Committee will screen students for admission, and then will be admitted based on merit regardless of specialization area. Additional candidates will be stratified based on primary interest in one of the four options (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional). Up to five candidates will be admitted in each area, and additional candidates will be admitted based on merit regardless of specialization area.

Program admission is intended to prepare students to work in clinical, commercial, corporate, and community health fitness settings. Formal application to the Human Performance program should be made during the second year (either fall or spring) of attendance while enrolled in KINS 309, Introduction to Human Performance. This will allow students to begin course work in their area of option (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional) the next semester and begin the professional course work in their area of option (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional) for the major. The resident and total GPAs for the major are computed using all attempted credits applicable to the major including those offered by departments other than the major department. The resident and total GPAs for the second program are computed similarly.

Major-Minor and Major-Certificate Requirements. Each candidate for a baccalaureate degree must present one of the following:

1. Comprehensive major (at least 59-60 credits)
2. Standard major (at least 36 credits) plus one of the following:
   - Another standard major (at least 36 credits), or
   - A minor (at least 24 credits), or
   - A certificate (12-18 credits)

No minor or certificate is required with a Comprehensive Major or with two majors of 36 credits each.

Certain degree programs which include Comprehensive Majors may require more than the minimum of 120 credits for graduation.

Admission Requirements

Admission to Human Performance Emphasis

The Human Performance Emphasis is intended to prepare students to work in clinical, commercial, corporate, and community health fitness settings. Formal application to the Human Performance Emphasis should be made during the second year (either fall or spring) of attendance while enrolled in KINS 309, Introduction to Human Performance. This will allow students to begin taking courses in their area of option (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional) the next semester and begin the professional course work in their area of option (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional) for the major. The number of students admitted to the program each year is limited by available resources. Not everyone who applies can be guaranteed admission (currently up to 30 new students are admitted each semester). Program admission will be stratified based on primary interest in one of the four options (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional), with up to five candidates being admitted in each area. Additional candidates will then be admitted based on merit regardless of specialization area.

The Human Performance Program Committee will screen students for admission to the program. At the time of application, students must:

1. Submit a completed program application form and intended plan of study.
2. Be enrolled in or completed KINS 304, KINS 308, and KINS 309.

Student admission will be based on the following criteria:

1. Total GPAs—40%
2. Overall performance in KINS 304, 308, and 309—36%
3. Evaluation of student cover letter, resume, and application self reflective essays—24%

Students who are not accepted in the Human Performance program may apply again the following semester. Those students who choose to re-apply are reminded that the program is a two-year course of study once accepted and that reapplying could delay their graduation up to one year.

Retention

Once admitted into the Human Performance program, the student must meet the following criteria to remain in the program:

1. Maintain a 3.00 GPA in all Kinesiology major courses.
2. Continue to display appropriate dispositions regarding professional development, as outlined in the Policy for Disposition Intervention, Department of Kinesiology, Human Performance Emphasis.
3. Satisfactorily complete all course, lab, and practicum experiences within the Human Performance Emphasis core with a C+ or above. Human Performance core courses with a grade lower than C+ must be repeated.
4. Students must maintain a 2.75 or higher total GPA to remain in the Human Performance emphasis.

Transfer Students

Transfer students must meet all application requirements prior to application to the program. KINS 309 must be taken on campus. Transfer students who are interested in the Human Performance Emphasis should inform the Admissions Office upon application for admission to the University and contact the Human Performance program director.

Major Requirements

Core Requirements for All Kinesiology Majors
(Except Athletic Training Code 995-060)

<table>
<thead>
<tr>
<th>Core Requirement</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KINS 294</td>
<td>3</td>
</tr>
<tr>
<td>KINS 304</td>
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<tr>
<td>KINS 308</td>
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<tr>
<td>KINS 426</td>
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<td>Total Credits</td>
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Human Performance Emphasis

Sixty semester credits including the Core:

<table>
<thead>
<tr>
<th>Core Requirement</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KINS 309</td>
<td>3</td>
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<tr>
<td>KINS 355</td>
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<tr>
<td>KINS 357</td>
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<td>KINS 358</td>
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<tr>
<td>KINS 466</td>
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<tr>
<td>KINS 474</td>
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<td>KINS 498</td>
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</tr>
<tr>
<td>KINS 262</td>
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</tr>
<tr>
<td>Course Code</td>
<td>Course Title</td>
</tr>
<tr>
<td>------------</td>
<td>------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>KINS 275</td>
<td>Prevention and Care of Athletic/Exercise Injuries</td>
</tr>
<tr>
<td>KINS 277</td>
<td>Prevention and Care of Athletic Injuries Lab</td>
</tr>
<tr>
<td>NRSG 220</td>
<td>The Language of Health Care</td>
</tr>
<tr>
<td>NRSG 375</td>
<td>Pharmacotherapeutics and Pathophysiology for Allied Health Professionals</td>
</tr>
</tbody>
</table>

**Nine credit electives from:**

- ENPH 450 Epidemiology
- KINS 200 Orientation to Kinesiology
- KINS 312 Psychology of Sport and Physical Activity
- KINS 330 Therapeutic Exercise in Athletic Training
- KINS 445 Basic Electrocardiography
- KINS 450 Applied Nutrition in Kinesiology
- NRSG 333 Wellness in the Work World
- NRSG 389 Cross Cultural Health
- NRSG/SW 360 Death and Bereavement
- PHIL 306 Ethics of Health Care
- PSYC 230 Human Development
- PSYC 333 Psychology of Adulthood and Aging
- PSYC 353 Health Psychology
- PSYC 380 Introduction to Behavior Modification
- SOC 364 Social Gerontology
- SW 315 Aging and the Aged

**Required LE courses not counted toward major:**

**K1 (Natural Sciences)**

- BIOL 151 Biology of Humans
- BIOL 196 Human Nutrition
- PHYS 100 Physical Science
- or PHYS 211 General Physics

**S2 (Mathematics)**

- MATH 246 Elementary Statistics

Note: The Service-Learning graduation requirement is met by the completion of required course work within this major.