

KINESIOLOGY, HUMAN PERFORMANCE EMPHASIS, PRE-PROFESSIONAL OPTION, COMPREHENSIVE MAJOR

(Code 991-069)

University Requirements

Code	Title	Credits
GRADUATION REQUIREMENTS FOR BACCALAUREATE DEGREE		
Credit Requirements		
	Minimum total for graduation ¹	120
	Upper division credits (courses numbered 300 and higher)	39
	Liberal Education Core	36
Academic Concentrations		
Grade Point Requirements ²		
	Total	2.00 average
	Resident	2.00 average
	Major	2.00 average
	Minor	2.00 average
	Certificate	2.00 average
University Residency Requirements ³		
	Minimum total	30
	Senior year	23
	Major, Standard, upper division in residence	12
	Major, Comprehensive, upper division in residence	21
	Certificate	25 percent of credits

Procedures Required for Graduation

Obtain admission to the degree program and/or the College offering it.

Apply for graduation on CampS.

- ¹ Certain programs exceed this minimum.
- ² See special requirements in each College.
- ³ See special requirements for the College of Education and Human Sciences.

Liberal Education Core

The University of Wisconsin-Eau Claire measures learning outcomes to ensure that its graduates have achieved a liberal education and prepared themselves to contribute to a complex society. Upon graduation, each undergraduate will have met the four learning goals of our liberal education core and the 11 learning outcomes they comprise.

Code	Title	Credits
LIBERAL EDUCATION CORE REQUIREMENTS		a minimum of 36 credits
Knowledge Goal		

Knowledge Outcome 1 (K1): Natural Sciences	Two (2) learning experiences
One experience in laboratory science must be selected from either K1 or K2.	
Knowledge Outcome 2 (K2): Social Sciences	Two (2) learning experiences
One experience in laboratory science must be selected from either K1 or K2.	
Knowledge Outcome 3 (K3): Humanities	Two (2) learning experiences
Knowledge Outcome 4 (K4): Fine Arts	One (1) learning experience

Skills Goal

Skills Outcome 1 (S1): Written and Oral Communication	Two (2) learning experiences
One S1 must meet the University Writing Requirement	
Skills Outcome 2 (S2): Mathematics	One (1) learning experience
One S2 to meet the University Mathematics Requirement	
Skills Outcome 3 (S3): Creativity	One (1) learning experiences

Responsibility Goal

Responsibility Outcome 1 (R1): Equity, Diversity, and Inclusivity	Two (2) learning experiences
One R1 must satisfy Design for Diversity	
Responsibility Outcome 2 (R2): Global Perspectives	One (1) learning experiences
Responsibility Outcome 3 (R3): Civic and Environmental Issues	One (1) learning experiences

Integration Goal

Integration Outcome 1 (I1): Integration	Two (2) learning experiences
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Service-Learning Goal

Service-Learning	30 hours
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College Degree Requirements

Human Sciences Departments

Specific Degree Requirements

Specific requirements for some human science degrees are published in conjunction with the Catalog description of the major leading to the degree, with specific courses required in several Liberal Education outcomes.

Bachelor of Science Degree in the College of Education and Human Sciences

Candidates for the degree of Bachelor of Science from a human sciences department must fulfill the requirements for credits, curriculum, GPA, and University residency as specified in the section of this catalog titled University Graduation Requirements. (see University Graduation Requirements (<http://catalog.uwec.edu/undergraduate/graduation-requirements>))

General Information

Placement Tests. The mathematics/foreign language placement tests are given during the orientation periods for new freshmen and transfers. Further information about the foreign language or the mathematics tests is available from the chair of the appropriate department.

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Laboratory Science Courses. The following have been designated as fulfilling the requirements for laboratory science courses in the human sciences departments:

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Degree Requirements

University Graduation Requirements. All candidates for degrees must fulfill the requirements for credits, curriculum, GPA, and University residency as specified in the section of this catalog titled University Graduation Requirements.

Human Sciences Graduation Requirements: Grade Point Averages. All degree candidates must earn minimum resident and total GPAs of 2.00 or higher in both the major and the second program if one is required. The resident and total GPAs for the major are computed using all attempted credits applicable to the major including those offered by departments other than the major department. The resident and total GPAs for the second program are computed similarly.

Major-Minor and Major-Certificate Requirements. Each candidate for a baccalaureate degree must present one of the following:

- Comprehensive major (at least 59-60 credits)
- Standard major (at least 36 credits) plus one of the following:
 - Another standard major (at least 36 credits), or
 - A minor (at least 24 credits), or
 - A certificate (12-18 credits)

No minor or certificate is required with a Comprehensive Major or with two majors of 36 credits each.

Certain degree programs which include Comprehensive Majors may require more than the minimum of 120 credits for graduation.

Admission Requirements

Admission to Human Performance Emphasis

The Human Performance Emphasis is intended to prepare students to work in clinical, commercial, corporate, and community health fitness settings. Formal application to the Human Performance Emphasis should be made during the second year (either fall or spring) of attendance while enrolled in KINS 309, Introduction to Human Performance. This will allow students to begin taking courses in their area of option (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional) the next semester and begin the professional phase courses the following semester (e.g., KINS 355 and KINS 358). The number of students admitted to the program each year is limited by available resources. Not everyone who applies can be guaranteed admission (currently up to 30 new students are admitted each semester). Program admission will be stratified based on primary interest in one of the four options (Sport Performance, Fitness Management, Health Promotion, or Pre-Professional), with up to five candidates being admitted in each area. Additional candidates will then be admitted based on merit regardless of specialization area.

The Human Performance Program Committee will screen students for admission to the program. At the time of application, students must:

1. Submit a completed program application form and intended plan of study.
2. Be enrolled in or completed KINS 304, KINS 308, and KINS 309.
3. Submit a cover letter and resumé highlighting qualifications related to human performance.

Student admission will be based on the following criteria:

1. Total GPAs—40%
2. Overall performance in Kins 304, 308, and 309—36%
3. Evaluation of student cover letter, resumé, and application self reflective essays—24%

Students who are not accepted in the Human Performance program may apply again the following semester. Those students who choose to re-apply are reminded that the program is a two-year course of study once accepted and that reapplying could delay their graduation up to one year.

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Retention

Once admitted into the Human Performance program, the student must meet the following criteria to remain in the program:

1. Maintain a 3.00 GPA in all Kinesiology major courses.
2. Continue to display appropriate dispositions regarding professional development, as outlined in the Policy for Disposition Intervention, Department of Kinesiology, Human Performance Emphasis.
3. Satisfactorily complete all course, lab, and practicum experiences within the Human Performance Emphasis core with a C+ or above. **Human Performance core courses with a grade lower than C+ must be repeated.**
4. **Students must maintain a 2.75 or higher total GPA to remain in the Human Performance emphasis.**

Transfer Students

Transfer students must meet all application requirements prior to application to the program. KINS 309 must be taken on campus. Transfer students who are interested in the Human Performance Emphasis should inform the Admissions Office upon application for admission to the University and contact the Human Performance program director.

Major Requirements

Core Requirements for All Kinesiology Majors (Except Athletic Training Code 995-060)

Core Requirements

KINS 294	Anatomical Kinesiology	3
KINS 304	Biomechanical Kinesiology	3
KINS 308	Exercise Physiology	3
KINS 426	Motor Development Across the Lifespan	3
Total Credits		12

Human Performance Emphasis

Sixty semester credits including the Core:

KINS 309	Introduction to Exercise Science	3
KINS 355	Exercise Science Lab Assessment	3
KINS 357	Essentials of Strength and Conditioning	3
KINS 358	Fitness Assessment and Exercise Prescription	3
KINS 440	Human Performance Seminar	3
KINS 464	Clinical Exercise Physiology	3
KINS 466	Community Fitness Programming	3
KINS 474	Research Methods in Kinesiology	4
KINS 498	Human Performance Internship	6

Pre-Professional option

BIOL 314	Human Anatomy and Physiology II ¹	4
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CHEM 103	General Chemistry I	4
Select one of the following:		
CHEM 104	General Chemistry II	4
CHEM 150	Survey of Biochemistry	3
CHEM 325	Organic Chemistry I with Laboratory	4
Five to seven credits from electives from:		
CHEM 326	Organic Chemistry II with Laboratory	4
CHEM 352	Fundamentals of Biochemistry	4
KINS 200	Orientation to Kinesiology	1
KINS 275	Prevention and Care of Athletic/Exercise Injuries	3
KINS 277	Prevention and Care of Athletic Injuries Lab	1
KINS 310	Therapeutic Modalities in Athletic Training	3
KINS 330	Therapeutic Exercise in Athletic Training	3
KINS 375	Evaluation Techniques-Lower Body	3
KINS 376	Evaluation Techniques-Upper Body	3
KINS 420	Medical Aspects of Athletic Training	3
KINS 445	Basic Electrocardiography	3
MATH 111	A Short Course in Calculus	4
MATH 112	Precalculus Mathematics	4
MATH 114	Calculus I	4
NRSG 220	The Language of Health Care	1
NRSG 375	Pharmacotherapeutics and Pathophysiology for Allied Health Professionals	3
PHIL 306	Ethics of Health Care	3
PHYS 212	General Physics	4
PSYC 230	Human Development	3
PSYC 333	Psychology of Adulthood and Aging	3

Required LE courses not counted toward major:
K1 (Natural Sciences)

BIOL 196	Human Nutrition	3
PHYS 100	Physical Science or PHYS 211 General Physics	4

S2 (Mathematics)

MATH 246	Elementary Statistics	4
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¹ BIOL 214 is prerequisite for BIOL 314 and is required for the Pre-Professional Option.

Note: The Service-Learning graduation requirement is met by the completion of required course work within this major.