

KINESIOLOGY, MINOR

Liberal Arts (Code 991-457)**Twenty-four semester credits, including:****Core Requirement**

KINS 294	Anatomical Kinesiology	3
KINS 304	Biomechanical Kinesiology	3
KINS 308	Exercise Physiology	3
KINS 426	Motor Development Across the Lifespan	3

Required Courses

KINS 312	Psychology of Sport and Physical Activity	3
KINS 313	Sociology of Sport and Physical Activity	3
KINS 357	Essentials of Strength and Conditioning	3
KINS 476	Senior Seminar	3

Total Credits		24
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