GERONTOLOGY, MINOR

Liberal Arts (Code 670-400)

Adviser: L. Olson-McBride

Gerontology is a multidisciplinary field that examines the correlates and consequences of human aging. To reflect this multidisciplinarity, the Gerontology minor includes courses from a variety of academic disciplines.

Objectives of the minor include:

1. promoting an understanding of the multifaceted nature of the human aging process;
2. generating awareness of both the rewards and challenges associated with aging;
3. providing a broad program of study that complements a number of major programs and prepares students for graduate study and/or careers in the field of aging.

Twenty-four semester credits, including:

**Core Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>CSD 410</td>
<td>Communication Changes and Disorders of the Older Adult</td>
<td>3</td>
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<tr>
<td>SW 315</td>
<td>Aging and the Aged</td>
<td>3</td>
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<tr>
<td>SW/NRSG 360</td>
<td>Death and Bereavement</td>
<td>3</td>
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Select remaining credits from the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
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<tbody>
<tr>
<td>BIOL 151</td>
<td>Biology of Humans</td>
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<tr>
<td>BIOL 196</td>
<td>Human Nutrition</td>
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<tr>
<td>ECON 280</td>
<td>Health Economics</td>
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<tr>
<td>HCAD 222</td>
<td>Multidisciplinary Perspectives on Aging</td>
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<tr>
<td>IDIS 201</td>
<td>Overview of the U.S. Health Care System: A Policy Perspective</td>
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<tr>
<td>NRSG 211</td>
<td>Wellness: Food for Fitness</td>
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<tr>
<td>NRSG 212</td>
<td>Navigating Health Care</td>
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<tr>
<td>NRSG 213</td>
<td>Body, Mind, Spirit Wellness</td>
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<tr>
<td>PHIL 306</td>
<td>Ethics of Health Care</td>
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<tr>
<td>PSYC 230</td>
<td>Human Development</td>
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<tr>
<td>PSYC 333</td>
<td>Psychology of Adulthood and Aging</td>
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<td>RELS 315</td>
<td>Psychology of Religion</td>
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<tr>
<td>SOC 316</td>
<td>Sociology of Family</td>
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<tr>
<td>SOC 364</td>
<td>Social Gerontology</td>
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Up to three credits from Directed Studies, Independent Study, or Special Topics courses that focus on gerontological issues may be applied to the minor with approval from the Gerontology minor adviser.