GERONTOLOGY, MINOR

Liberal Arts (Code 670-400)

Adviser: L. Olson-McBride

Gerontology is a multidisciplinary field that examines the correlates and consequences of human aging. To reflect this multidisciplinarity, the Gerontology minor includes courses from a variety of academic disciplines.

Objectives of the minor include:

1. promoting an understanding of the multifaceted nature of the human aging process;
2. generating awareness of both the rewards and challenges associated with aging;
3. providing a broad program of study that complements a number of major programs and prepares students for graduate study and/or careers in the field of aging.

Twenty-four semester credits, including:

Core Courses

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>CSD 410</td>
<td>Communication Changes and Disorders of the Older Adult</td>
<td>3</td>
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<tr>
<td>SW 315</td>
<td>Aging and the Aged</td>
<td>3</td>
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<tr>
<td>SW/NRSN 360</td>
<td>Death and Bereavement</td>
<td>3</td>
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Select remaining credits from the following:

- BIOL 151 | Biology of Humans
- BIOL 196 | Human Nutrition
- ECON 280 | Health Economics
- HCAD 201 | Overview of the U.S. Health Care System: A Policy Perspective
- HCAD 222 | Multidisciplinary Perspectives on Aging
- NRSN 211 | Wellness: Food for Fitness
- NRSN 212 | Navigating Health Care
- NRSN 213 | Body, Mind, Spirit Wellness
- PHIL 306 | Ethics of Health Care
- PSYC 230 | Human Development
- PSYC 333 | Psychology of Adulthood and Aging
- RELS 315 | Psychology of Religion
- SOC 316 | Sociology of Family
- SOC 364 | Social Gerontology

Up to three credits from Directed Studies, Independent Study, or Special Topics courses that focus on gerontological issues may be applied to the minor with approval from the Gerontology minor adviser.