### SCIENCE OF COACHING, MINOR - LIBERAL ARTS

Liberal Arts (Code 971-452)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINS 275</td>
<td>Prevention and Care of Athletic/Exercise Injuries</td>
<td>3</td>
</tr>
<tr>
<td>KINS 292</td>
<td>Management and Coaching Theory</td>
<td>2</td>
</tr>
<tr>
<td>KINS 294</td>
<td>Anatomical Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KINS 304</td>
<td>Biomechanical Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KINS 308</td>
<td>Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KINS 492</td>
<td>Coaching Practicum and Seminar</td>
<td>4</td>
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<td></td>
<td><strong>Six credits from the following:</strong></td>
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<tr>
<td>KINS 312</td>
<td>Psychology of Sport and Physical Activity</td>
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<tr>
<td>KINS 313</td>
<td>Sociology of Sport and Physical Activity</td>
<td></td>
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<tr>
<td>KINS 357</td>
<td>Essentials of Strength and Conditioning</td>
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<td></td>
<td><strong>Total Credits</strong></td>
<td><strong>24</strong></td>
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