

KINESIOLOGY, MINOR

Liberal Arts (Code 991-457)

Code	Title	Credits
Twenty-four semester credits, including:		
Core Requirement		
KINS 294	Anatomical Kinesiology	3
KINS 304	Biomechanical Kinesiology	3
KINS 308	Exercise Physiology	3
KINS 426	Motor Development Across the Lifespan	3
Required Courses		
KINS 312	Psychology of Sport and Physical Activity	3
KINS 313	Sociology of Sport and Physical Activity	3
KINS 357	Essentials of Strength and Conditioning	3
KINS 476	Exercise Science Seminar	3
Total Credits		24

Program Learning Outcomes

Students completing this program will be expected to meet the following outcomes:

- Effectively communicate in a discipline specific manner.
- Effectively assess physical fitness, function, and health/disability related parameters and utilize data to enhance individual fitness, health, and functional capacity.
- Demonstrate scholarly learning, evidence-based practice, and critical thinking skills.
- Provide evidence of appropriate professional development.