

SCIENCE OF COACHING, MINOR - LIBERAL ARTS

Liberal Arts (Code 971-452)

Code	Title	Credits
Twenty-four semester credits, including:		
KINS 275	Prevention and Care of Athletic/ Exercise Injuries	3
KINS 292	Management and Coaching Theory	2
KINS 294	Anatomical Kinesiology	3
KINS 304	Biomechanical Kinesiology	3
KINS 308	Exercise Physiology	3
KINS 492	Coaching Practicum and Seminar	4
Six credits from the following:		6
KINS 312	Psychology of Sport and Physical Activity	
KINS 313	Sociology of Sport and Physical Activity	
KINS 357	Essentials of Strength and Conditioning	
Total Credits		24