

SOCIAL WORK, MENTAL HEALTH AND WELL-BEING, CERTIFICATE

(Code 460-606)

The Social Work Program offers three certificates, the **Social Work—Child Welfare Certificate**, the **Social Work—Gerontology Certificate**, the **Social Work - Mental Health and Well-Being Certificate**.

Mental Health and Well-Being Certificate

This certificate requires 12 credits of course work. The student must complete all of the courses in the certificate with a C or higher.

Code	Title	Credits
Required Courses		
SW 100	Introduction to Social Welfare	3
Elective Credits		
9		
PHIL 200	What is Happiness?	
PSYC 100	Introduction to Psychology	
SW 294	Introduction to Counseling Skills for Helping Professionals	
SW 360	Death and Bereavement	
SW 377	Self-Care in the Helping Professions	
SW 389	Understanding Trauma	
SW 490	Mental Health and Substance Abuse	

Other courses as approved by the department chair.

Note: Three credits used to complete the social work major requirements may count toward completion of the certificate.

Program Learning Outcomes

Students completing this program will be expected to meet the following learning outcomes:

- Articulate the impact that social, cultural, and environmental factors can have on the mental health and well-being of an individual.
- Demonstrate an understanding of current best practices in mental health service delivery.